



Mental Health Resources for Adults, Youth, Veterans, LGBTQ+ Community, and Substance Use



Norfolk County CIT Training and Technical Assistance Center

Organization:	Services Offered:	Contact Information:
Adult Mental Health		
Riverside Community Care Riversideecc.org	<ul style="list-style-type: none"> - Outpatient counseling - Emergency services 24/7 - Home-based services - Suicide prevention education - Therapeutic mentoring - Family support 	24-hour access 1.800.529.5077
Riverside Trauma Center Riversidetraumacenter.org	<ul style="list-style-type: none"> - Trauma response - Suicide prevention - Workplace services - MassMen - Ongoing consultation services - Mass support 	24/7 access 781.433.0672
National Alliance on Mental Illness NAMI.org	<ul style="list-style-type: none"> - Mental health education - Support groups - NAMI helpline 	617.580.8541 Helpline: 1.800.950.6864
Aspire Health Alliance Aspirehealthalliance.org	Children & Families <ul style="list-style-type: none"> - Early intervention - Outpatient counseling - Home-based services Adults <ul style="list-style-type: none"> - Community partnerships - Community clinical services - Peer-to-Peer program - Emergency/crisis services 	1.800.852.2844 Crisis line: 1.877.382.1609
Arbour Counseling Services Arbourhealth.com	<ul style="list-style-type: none"> - Community support program - In-home therapy - Intensive outpatient for adults - Traditional outpatient therapy - Partial hospitalization 	508.528.6037 Referral: 1.855.575.2273
Advocates Advocates.org	<ul style="list-style-type: none"> - Counseling and Psychiatry - Outpatient psychiatric service - Outreach services - Peer support - Residential programs 	508.661.2020 Crisis line: 1.800.640.5432
The Bay State Community Services Baystatecs.org	- About 80 programs across numerous locations	617-471-8400



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	-Services include prevention, intervention, education, clinical, etc.	
William James College Interface Referral Service Interface.williamjames.edu	-Navigate the challenges of finding mental health services -Provides matches to services -Provide information & resources about mental health/wellness	Local: 617.332.3666 Helpline: 1.888.244.6843
Quincy Mental Health Court	-Provide additional support and monitoring to comply with conditions of probation -Identify each individuals service needs -Connect individuals with community-based services	617.847.8963 x102
Youth Mental Health		
Quincy Family Resource Center Quincymfamilyrc.org	-Support groups -Parenting programs -Assessment services -Referral resources	617.481.7227
Judge Baker Children's Center Jbcc.harvard.edu	-Outpatient services -Quality care initiative -Manville school -Camp Baker -Next step: College success	617.232.8390
Suicide Prevention		
National Suicide Prevention Resource Center Sprc.org	-National suicide prevention lifeline -Resources, programs, & practices	1.800.273.8255
Samaritans Crisis Line	-24/7 crisis services	1.877.870.4673
Samaritan Grief Support Samaritanshope.org	-offers peer support groups for people who have lost a loved one to suicide	617.536.2460 Crisis line: 1.877.870.4673
LGBTQ+ Resources		
Trevor Project Thetrevorproject.org/Help	-Provides suicide prevention and crisis intervention services to LGBTQ+ young people	1.866.488.7386



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Trans Lifeline Translifeline.org	-Provides emotional & financial support to transgender people in crisis	1.877.565.8860
Fenway Health *LGBTQ+ community Fenwayhealth.org	-Short-term, skill based therapy groups -Longer-term therapy groups -Drop-in groups -Support groups, etc.	617.247.7555
Sidney Borum, Jr. Health Center Fenwayhealth.org	-A program of Fenway Health that provides safe, non-judgmental care for young people ages 12-29	617.457.8140
Greater Boston PFLAG Gbpflag.org	-Offers support, education, and advocacy to parents, extended family members, and allies -Monthly support meetings -parent-to-parent support etc.	1.781.891.5366 Helpline: 1.866.427.3524
Triangle Program (LGBTQ+) Hrihospital.com/triangle-program-lgbtq/	-Provides treatment to LGBTQ+ identifying people -Group therapy -Individual therapy -Medication management -Family education & case management	1.833.378.7377 Referral: 1.833.468.2531
LGBTQ+ National Youth Hotline	-24/7	1.800.246.7743
Veteran Resources		
Home Base Homebase.org	-Develop an effective treatment plan -Help overcome or ease the effects of PTSD or traumatic brain injury, etc.	617.724.5202 Crisis Line: 1.800.273.8255
Veterans Justice Outreach Program va.gov	-Identify justice-involved Veterans & contact them through outreach	Go to the website to find contact information
Vet Centers Vetcenter.va.gov	-Community-based counseling centers	1.877.927.8387
Veterans Crisis Line	-Free support 24/7	1.800.273.8255 Press 1
Substance Use		
Learn to Cope Learn2cope.org	-Offers peer support -Resources -Education	1.508.738.5148



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Northeast Family Services Northeastfamilyservices.com	<ul style="list-style-type: none">-In-home behavioral support-Therapeutic mentoring-Applied behavior analysis-In-home therapy-Outpatient services-Support for individuals with substance use disorders	1.774.206.1125
SAMHSA Findtreatment.samhsa.gov	<ul style="list-style-type: none">-Free, confidential, 24/7, 365 days a year treatment referral & information service-For individuals/families facing mental and/or substance use disorders	1.800.662.4357
Arbour Counseling Services Arbourhealth.com	<ul style="list-style-type: none">-Medication-assisted treatment-Intensive outpatient program-Structured outpatient addiction program-2nd offender aftercare program	508.528.6037 Referral: 1.855.575.2273